

# CERTIFICATE

## OF PARTICIPATION

This is to certify that

**Kenny Mphengwa**  
**Alfred Selamolela**

Has successfully participated & completed the

**F10 F10 2025**

held at Foskor Community Centre.

**OFFICIAL TIME 01:21:44**

**PACE 7.34km/h**

**OVERALL 158 of 524**



26 July 2025, Sat

Date

Signature

