

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Fridah Mhlari**

Has successfully participated & completed the

**F10 F10 2025**

held at Foskor Community Centre.

**OFFICIAL TIME 01:36:24**

**PACE 6.22km/h**

**OVERALL 296 of 524**



26 July 2025, Sat

Date

Signature

