

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Francois  
Holtzhausen**

Has successfully participated & completed the

**F10 F10 2025**

held at Foskor Community Centre.

**OFFICIAL TIME 01:58:30**

**PACE 5.06km/h**

**OVERALL 380 of 524**



26 July 2025, Sat

Date

Signature

