

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Elsa Nelsiwe Shabangu

Has successfully participated & completed the

F10 F10 2025

held at Foskor Community Centre.

**OFFICIAL TIME 01:23:24** 

PACE 7.19km/h

**OVERALL** 172 of 524



26 July 2025, Sat