

CERTIFICATE OF PARTICIPATION

This is to certify that

Gary Lintnaar

Has successfully participated & completed the
10km Trail Run Op-Die-Berg MTB and Trail Run
held at Koue Bokkeveld.

OFFICIAL TIME 00:40:39
Mat-To-Mat Time 00:40:39

PACE 04:03/km
OVERALL 5 of 31

GENDER 5 of 18
40 - 49 3 of 5



29 November 2025, Sat

Date

Signature

