

CERTIFICATE OF PARTICIPATION

This is to certify that

Elmé Middlemost

Has successfully participated & completed the

15km In Touch Trail Series 2025 - Christmas Finale

held at Zevenwacht Wine Estate.

OFFICIAL TIME 01:20:27

Mat-To-Mat Time 01:20:27

PACE 05:21/km

OVERALL 1 of 22

GENDER 1 of 15

40 - 49 1 of 4



07 December 2025, Sun

Date

Signature

